Fairness, Criminal Proceedings, European Law Notes of a Civil Law Scholar

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1. An ancient model becomes new again

Contemporary law, and for our purpose criminal procedure, are facing a moment of complex transition. The multiplicity of sources and their strict intertwining, their various legislative and case-law nature, their multilevel character, domestic, European, international, the hybridization between the two cultures of civil law and common law they produce pose great challenges. In this juridical Babel there is a strong need to find minimum common grounds. Such grounds will be inevitably more and more represented by European law, today also in criminal proceedings, at least for the binding strength of European law towards domestic legal systems and for the consequent harmonizing effect that it can derive, directly or indirectly.

Among the most significant principles of European law regarding criminal proceedings, the principle of fairness has hold a central role. It is a concept that is new for our modern culture, but that it seems to be also a very ancient one, as from different points of view it recalls Aristoteles's *eipeikeia* and foremost the *aequitas* of the classic and medieval ages. Conversely, such a concept is abandoned in civil law systems for the whole modern age¹, while it flows through the *aequitas canonica* to the English common law². Finally, common law values have inspired the conventional fairness.

In the ECHR system fairness is considered a fundamental principle from which, also through the case law of the European Court, a multiplicity of procedural safeguards has developed. For its part, EU law requires compliance with procedural fairness in all its recent harmonization directives on procedural safeguards³. The central role of fairness places this principle as a key landmark also for civilian jurists. Nevertheless, it must be highlighted that these jurists were grown in the cultural *mileu*, represented by modern legal positivism, which has always rejected the idea of fairness being applied in criminal proceedings. Therefore, it is clear that these jurists could have some difficulties to

¹ Of course, separately the revolutionary soviet law and the concept of "socialist juridical conscience", that there was fixed as judgment criteria for courts, should be considered (see. V. Frosini, *Equità* (*nozione*), *Enc. dir.*, XV, 1966, 75 fol.).

² J.L. Barton, *Equity in the Medieval Common Law*, in (R.A. Newman ed.) *Equity in the World's Legal Systems. A Comparative Study dedicated to R. Cassin*, Bruylant, Brussels, 1973, 139 fol.

³ See Article 2.2 of Directive 2010/64 on the right to interpretation and translation in criminal proceedings; Article 6 of Directive 2012/13 on the right to information in criminal proceedings; Article 8 of Directive 2013/48 on the right of access to a lawyer in criminal proceedings and in European arrest warrant proceedings, and on the right to have a third party informed upon deprivation of liberty and to communicate with third persons and with consular authorities while deprived of liberty; Article 10 of Directive 2016/343 on the strengthening of certain aspects of the presumption of innocence and of the right to be present at the trial in criminal proceedings; Article 2.6 of Directive 2016/800 on procedural safeguards for children who are suspects or accused persons in criminal proceedings.

manage the implications of this approach, which requires a radical change of paradigm compared to the traditional one.

2. Legal forms conceived as procedural safeguards in modern codes of criminal procedure

It is useful to start precisely from this traditional way of thinking to discover its cultural roots

For the modern civilian criminal procedure jurist – even if I refer especially to the Italian jurist – the couple fairness and criminal procedure appears to be almost an oxymoron. Criminal proceedings must be conducted in strict compliance with the rules provided for in the code; undoubtedly, these rules are expression of values considered by the legislator worth of safeguard; but, such values are crystallized in these rules from the moment in which the latter are created by the law. Therefore, these procedural rules must be applied strictly, as they represent a value as such. A legislator that would make room for fairness into a criminal trial would conflict with such a logic, because he would allow these rules not to be complied with, even if only partially. Such legislator would open to discretional choices of the judge, and would entrust his wisdom qualities. However, in doing so – whether considering fairness with regard to decisions on the merits or with regard to the procedure itself – he would contradict to a duty of safeguard.

In fact, while fairness can be acceptable in private law, where economic interests, which are naturally subject to negotiations and compromises, are at stake, and where an approach to reliance (as the concept of good faith shows) and to a balanced management (as the concept of reasonable and prudent man demonstrates) is applied, and where the figure of the "arbiter" plays a role of growing importance, criminal trial must firmly exclude any application of fairness. It is easy to understand why. Criminal trials deal with future and freedom of the person. It is here that the relationship between State authority and citizen freedom becomes more conflictual, as it is here that is exercised one of the highest expression of state sovereignty with its charge of violence, which is represented by the power to punish. Therefore, in this context, the safeguard of the accused person must be realized only through a strict compliance with the law; indeed, only in this way the person can be effectively safeguarded against abuses⁴, which could be conversely the result of fairness assessments.

This way of reasoning substantially summarize the Enlightenment thinking, which, heir of natural law doctrine in promoting the human persons, promoted also the accused person, who in the inquisitorial system of the *Ancien Règime* had almost no protection⁵. However, such conferral of rights to him was carried out in the context of the typical abstract approach of the Enlightenment philosophy, which postulated an abstract person in an abstract 'state of nature' and an abstract law that regulates his life and relationships⁶. And an abstract law led to abstract legal forms. It was a general phenomenon, common to every area of law, but which with regard to criminal procedure assumed a peculiar meaning. Indeed, compliance to legal forms had the

⁴ C.L. de Secondat de Montesquieu, L'esprit des Lois (1748), IV, II.

 $^{^5}$ R.E. Kostoris, *Le fonti*, in R.E. Kostoris (ed.), *Manuale di procedura penale europea*, 2° edizione riveduta e ampliata, Giuffrè, Milano, 2015, 2 fol.

⁶ P. Grossi, L'Europa del diritto, Laterza, Roma/Bari, 2007, 100 fol.

significance of a safeguard of the accused's freedom, because, by granting equality of treatment and procedural legality, it determined a marked reversal of perspective compared to the judge's despotism in the Ancien Règime⁷. It is a remarkable concept. which continues to be invoked as an achievement of civilization, even if intermittently, in the history of criminal proceedings over the last two centuries in continental Europe. Of course it must be stressed that such a concept recalls a precise image of law, grounded, according to the canons of modern positivism, on the state law (the code), which is posed on the top of the sources and has the monopoly of legal production: a law that represents the highest expression of the State sovereignty and which the judge must passively and scrupulously execute⁸. Law is considered as a *scientia iuris*, or, in other words, a theoretical science, dominated by formal rationality, syllogism reasoning. deductive method, binary choices (true-false, all-nothing, legal-illegal). However, such a legal model appears self-referential, as it limits any reasoning on the law and on the proceedings to problems linked only to legal provisions, without any consideration for the particularities of the case to which they are applied. Therefore, this model implies a clear break between the world of law and the world of facts.

Undoubtedly, it must be added that over time the purity of this model has been strongly compromised by various elements: by the acknowledgment of the creative role of case law; by the enactment of modern post-war constitutions, which are sources of law establishing 'principles', contrary to the codes that establishes rules¹⁰, but to which those rules must comply with; and in addition, by a series of reforms and of new provisions included in contemporary criminal procedure codes that led to nonformalistic views of justice. Let's think about the Italian Criminal Procedure Code of 1988, the first European code that has abandoned the Napoleonic model of mixed proceedings and has embraced an adversary structure, but which can be considered at the same time still a product of modern culture, as it is nonetheless conceived with a logic-abstract view. Well, one of its central aspects is represented by the principle of adversarial evidence gathering, that revitalized the ancient instruments of rhetoric aimed to the search of a probable truth, which replaces the idea of the search for the material truth typical of inquisitorial systems. In addition, that code, mostly in the more recent reforms on the mechanisms allowing anticipated settlement of proceedings, contains instruments that are characteristic of fair justice such as dismissal for irrelevance of the fact, probation, and, above all, criminal mediation, where the State even waives to exercise criminal jurisdiction by promoting out-of-court restorative justice mechanisms.

⁷ It is important not to forget that during the French revolution period the English experience was looked at with high interest to adopt ideas and institutions of common law accusatory trial, going as far as importing jury in France: see. F. Cordero, *Procedura*, Giuffrè, 9° edition, 2012, 50 fol.

⁸ It is the Enlightenment concept of the judge considered as the "bouche de la loi": See C. Beccaria, Dei delitti e delle pene (1764), IV, Interpretazione delle leggi.

⁹ R. Dworking, *Taking Rights Seriously*, Cambridge (Mass.), Harvard University Press, 1977, Italian edition, *I diritti presi sul serio*, Il Mulino, Bologna, 1982, 83 points out that for positivism the complex of valid legal rules represents the whole law, and, therefore, if a case is not regulated by them, such case cannot be decided by the "application of law".

¹⁰ R. Dworking, *ib.*, 93 fol. Points out that the difference between rules and principles is represented by the fact that rules apply in the form of all-or-nothing and provide legal consequences that follow automatically when the provided conditions are met, while principles are direction indicators that do not provide immediate legal consequences and are measured, differently from rules, for their weight and importance.

3. Law as a 'practical science' and Middle Ages aequitas

However, it is necessary to highlight that this modern concept of criminal trial, even if sometimes hybridized as we have just mentioned, does not represent the immanent features of trial, but it is the result of a specific culture that belongs to civil law systems and concern a specific historical period. Indeed, there is a different concept of law that is opposed to this approach, which roots in the classic and early Middle Ages antiquity, and that today revives again and is imposed to the contemporary jurist: the one, already conceived by Aristotle, which considers law as a practical science¹¹, that concerns a human action (*praxis*), and has as his object a good act, namely, an act according to justice (*eû prattein*). In this view, knowledge is no more considered an objective by itself, an objective of 'truth', as it happens in theoretical sciences that belong to the world that does not change and cannot change¹², and to which law was linked during the modern era as we have already seen. This knowledge is aimed to the perspective of the action. This means – and this is the key aspect – that law becomes a kind of knowledge always oriented toward values; therefore, we have to call it *fronesis* and not *episteme*, or, in Latin, *iuris-prudentia*, and not *scientia iuris*.

In this view, law can no longer represent something extraneous or impenetrable to facts, as claimed by modern positivism, exactly because it completes itself in contact with the facts. Therefore, law consists not only in legislative rules, even if it cannot be reduced to a mere collection of cases either; instead, it represents a moment of connection between rules and facts, meaning that rules remain the non-removable starting point but they concretely live only when they are considered in relation with the cases, which represent the problematic matters that request to be solved by the law13; in other words, this happens when the cases discover new possibilities of application for the rules¹⁴. But, as we said, this contact between law and facts must be oriented by values. In the Aristotelian doctrine, such a basis of the action according to justice (the eu prattein) is represented by the eipeikeia; for early Middle Ages law it is represented by the aequitas. This latter is named in the ancient sources as 'rerum convenientia', meaning 'harmony', mutual order and substantial equality. Middle age civilization aspires to establish itself in an order of which God is the guarantor and the *aeguitas* is the ordering tool. In the Middle Ages this harmony is not considered a result of human mind, but 'in rerum consistit' and from them it reflects itself on human beings. Therefore, law presents a strong factual imprinting, is grounded on a continuous exchange between the world of facts and the world of legal forms, whose vehicle is aequitas, which grants harmony between facts and rules, and factual basis for each rule¹⁵.

¹¹ Aristoteles, *Nicomachena Ethics*, 1095 to 6.

¹² Aristoteles, ib.

¹³ G. Zagrebelsky, *Il diritto mito. Legge diritti giustizia*, Einaudi, Torino, 1995, 187 fol.

¹⁴ G. Zagrebelsky, *ib.* clarifies well how the case relates to the legal rule, specifying how the case by itself, in its simple historical-material reality, is mute; and that, therefore, it is first and foremost necessary to understand its 'meaning', to categorize it. This is achieved by relating it to the consequences that it is considered suitable of adjudicating in a specific social context. Once determined its sense and value, the case presses on the law so that the appropriate solution is achieved: this could require legal reforms, or even only new interpretative reconstructions of the existing law, even if legal formulas would remain unchanged.

¹⁵ For all these considerations see P. Grossi, *L'ordine giuridico medievale*, Rome/Bari, Laterza, 2003, 176 fol.

From the point of view of criminal procedure, the Middle Age *aequitas* is at the basis of forms of reparative negotiable justice¹⁶. Indeed, by repairing the damage and the offence caused by the crime to the victim or to the group, to the community to which it belongs through transaction, reconciliation, mediation, expiation instruments, the natural order is re-established. But even trial by ordeal and judicial duel, submitting the outcome of the judgment directly to God, show, finally, the same aim to the recomposition of a superior order violated by the crime.

Such an image of the criminal trial is gradually undermined with the development of inquisitorial proceedings starting from the XIII century, which promote an authoritative vision of criminal justice, where it is important no longer the recomposition of the violated order, but conversely the punishment of the guilty¹⁷; therefore, the value of truth replaces the value of *aequitas*. And, at the same time, the idea of criminal trial as a practical science, whose purpose is to act according to justice (i.e., obtaining the reconciliation between the victim and the offender, the recomposition of the violated order, in line with the beliefs at that time) is abandoned; the method of theoretical sciences is applied to the criminal trial, given that its purpose becomes the ascertainment of truth, considered in its objective character, which therefore can rightly be achieved through torture¹⁸.

4. European law and procedural fairness: the hybridization of criminal trial between rules and principles

Let us now relate this reasoning that is here only briefly summarized, but that would require a more in-depth analysis, to the contemporary framework.

As we have already noted, the first great institutional event of our time that we can call "post-modern" to distinguish it from legal modernity, was the enactment of Constitutions after the second world war. In them, law is built by principles. In the Italian Constitution there are numerous principles dedicated to criminal trial. Fairness is not expressly included among them, but it can be somehow implicitly derived from the concept of 'reasonableness', that the Italian Constitutional court derived from the principle of equality established in Article 3 of the Constitution. Reasonableness means reasonable balance of values, adjustment between multiple needs. And this is by itself a suitable method to achieve a renewed practical dimension of law.

The second great event of post-modern time is represented by the more and more massive and pervasive advent of European law, even in the area of criminal justice. In

It has been highlighted how factual issues and legal issues were so strictly linked that it wasn't possible to distinguish the former from the latter, as there wasn't a division between proof of facts and interpretation of law, i.e. between establishing fact and rule: A. Giuliani, *Il concetto di prova. Contributo alla logica giuridica*, Giuffrè, Milano, 1971, 223 fol.

¹6 On negotiated justice in middle-age criminal proceedings, see M. Sbriccoli, Giustizia negoziata, giustizia egemonica. Riflessioni su una nuova fase degli studi di storia della giustizia criminale, in M. Sbriccoli, Storia del diritto penale e della giustizia. Scritti inediti (1972-2007). Giuffrè, Milano, 2009, 1236 fol.

¹⁷ M. Sbriccoli, *ib*, 1240.

¹⁸ A. Giuliani, *ib*, 185 observes that the issue of legal torture was substantially conceived as a "logic" issue, whose content was the suitability of torments as a tool to find out the truth.

¹⁹ P. Grossi, *Novecento giuridico: un secolo pos-moderno*, in P. Grossi, *Introduzione al novecento giuridico*, Roma/Bari, Laterza, 2012.